Horseradish

Armoracia rusticana





About Horseradish

- Although its leaves can be eaten, horseradish has been cultivated since ancient times for its large, white, tapered root.
- It is a root vegetable grown and used as a spice worldwide.
- Horseradish comes from the same family as broccoli, wasabi, mustard, and cabbage, which are all perennial plants.



Uses

- Condiment—by itself or an ingredient in dressings or sauces
- Served with meat and vegetable dishes
- The roots can be used for medicinal purposes and health benefits.

Fast Facts

- Illinois is the nation's largest producer of horseradish.
- "Horseradish" comes from "horse" meaning strong and large, and "radish" meaning "root."



Horseradish at Clearview Farm

...more information coming soon!





